



FITNESS STUDIO

# HOLIDAY OPENING HOURS

22<sup>ND</sup> - 24<sup>TH</sup> DEC - 6AM - 12PM  
MORNING CLASSES ONLY

25<sup>TH</sup> - 28<sup>TH</sup> DEC - CLOSED

29<sup>TH</sup> - 31<sup>ST</sup> DEC 7AM-12PM  
GENERAL WORKOUTS ONLY

1<sup>ST</sup> - 4<sup>TH</sup> JAN - CLOSED

5<sup>TH</sup> - 9<sup>TH</sup> 6AM - 6PM  
GENERAL WORKOUTS ONLY

10<sup>TH</sup> & 11<sup>TH</sup> JAN - 8AM - 5PM  
GENERAL WORKOUTS ONLY

ALL HOURS AND PROGRAMS BACK AS USUAL  
FROM THE 12<sup>TH</sup> OF JAN