

Annual Report 2022

1 Northcote Road Eden Hills, 5050

Ph: 8278 8833

Email: contactus@blackwoodrec.com.au



@blackwoodrecreationcentre



/blackwoodcommunityrecreationcentre

TABLE OF **CONTENTS**

Message from the President
Treasurer's Report
Team Sports
Community Events
Sponsors
Gymsports
Partnerships & Community Groups

Board Members

Garry Dolman Carly Soutter President Committee Member Neil White Vice President & Ron Boath Committee Member Rotary Club of Blackwood Zane Basic Committee Member Wayne Gallasch Maricel Becirovic Hon Treasurer Committee Member Alison Snel Secretary/Public Officer Ian Bracken Committee Member Rhys Roberts Committee Member &

Management Team

Margaret Cuthbertson Centre Manager
Steve Woods Assistant Manager
Pat Porter Senior Customer Service & Administration Officer
Phoebe Cuthbertson Sports Coordinator
Brenton Dicker Gymsports Coordinator
Catherine Lyndon Fitness Coordinator

Lions Club of Blackwood



In this year's President's Report, I was hoping to be able to advise all members that we have a new underlease, with the Mitcham Council. Alas, it is still a long way off. Discussions with the Mitcham Council are occurring, but it is a very slow process, especially when both parties refer every word they write to their solicitors, before responding to the other party. The Association has been advised that the new underlease will commence from the date of signing and it will not be back dated to the expiry of the old underlease in February 2019. Therefore, if we end up with 3x 5 year leases then we probably have continuity for the next 15 years allowing us to plan for the next 15 years. I am not going to guess when we will have an underlease finalised, but it remains the number one priority for the Board and Management of the Centre. I remain ever hopeful that it will be in the next 12 months.

The Covid-19 pandemic continued to throw up a number of significant challenges for the Association and our staff. I am pleased that we rose to the challenges and remain a strong and viable organisation that continues to offer a diverse range of services to the community. Financially, we have survived Covid 19 very well and we now have funds that will ensure we can keep the equipment in all areas up to date and be able to continue to offer and probably extend the services we offer the community. Watch for the announcements of any new programmes in the Centre's newsletters.

The stadium floors were to be resurfaced in the December/January break. Unfortunately, that did not occur, but we expect the total resurfacing of the stadium floors to now occur in the school holidays in April 2023. As advised last year, we were fortunate to have received a grant to assist covering the cost of the work. Originally the grant was to cover 50% of the total cost, however due to the delay and rising costs of supplies, it will now cover less than 40% of the total cost. Nevertheless, we are proceeding with the planned improvements and should have a great new floor by the beginning of May 2023.

In more good news, the Association received \$40,000.00 from the State Labor Government to develop a plan for the possible expansion of the Centre. We have employed a consultant and discussions have occurred with all interested parties, the Education Department, the school, the Mitcham Council and the Association's Board. We are hopeful of having the concept plan completed by May 2023 when the broad details of the improvements and expansion will be released. With a proposed expansion of the Gymnastics area and additional indoor courts, the proposal should benefit both the school and the community for the next 25 years. We will keep you informed about these exciting developments. Obviously, these improvements will require Federal and State Government funding.

In closing, I would like to thank the Board for their continued support, their willingness to embrace new ideas and for their contribution to the current and future direction of the best Sport & Recreation Centre in the City of Mitcham. I would also like to thank Margaret Cuthbertson and the staff for their continued dedication and desire to bring the best possible programmes to our community.

The Board and staff will strive to meet the needs of our community in the coming years and to bring new and interesting programmes for the enjoyment and benefit of the diverse community we are privileged to serve. Sincerely

Garry Dolman President 2022

Treasurer's Report

The audited trading deficit for 2022 was \$157,051 compared to a surplus \$148,602 in 2021.

2022 was an extremely tricky year to navigate. All government support ceased and all mandated social distancing rules finished. This left the staff and members alike in an unusual predicament. Members and patrons were trying to do the "right thing" by the community by staying away when unwell but were also expecting compensation for non-attendance. In turn the centre put memberships on hold, reduced team sport forfeit fees and gymnastic enrolments received approved credits onto their accounts. On top of this, we still had members and patrons who had yet to return due to the uncertainty with COVID 19. This resulted in an overall 13% loss of trading income compared to last year.

On a positive note, the board and management staff were very successful in obtaining multiple grants this year. Grants were received to upgrade the kitchen facilities and to develop a Concept Plan for the future development of the centre. The highlight of the year was the long-awaited Halloween Roller Disco, that would not have gone ahead without financial assistance from the City of Mitcham.

Continuous funds are spent on maintaining, upgrading and increasing our equipment each year. Building maintenance rose a further 48% this year. We continue to be in discussions with the Council and Department for Education on the responsibilities for ongoing building maintenance.

Besides the struggles of 2022, we invested just shy of \$50,000 in assets for our members. This included a Vault Table, FIG Soft Beam, Air Track and a Mini Trampoline for the Gymsports program, an Elliptical Cross Trainer and 2 X Spin Bikes for the Fitness Studio and thanks to a grant from the federal government Stronger Communities program we were able to replace the kitchen cabinetry.

Our audited accounts indicate the centre is in a positive cash flow status and we can pay all liabilities as they fall due.







Community Events

2022 was great for the Centre to bring back community events to our patrons that were not able to run due to COVID 19 restrictions. We had a great turnout to all events and aim to build on these in the years to come.

Family Fun Day

The Family Fun Day was introduced to help bring patrons back into our facility after the restrictions put in place from COVID 19. We were blown away by the turnout with over 300 people visiting the centre on the day. The main aim of the event was to showcase to the community all of our programs, help re-engage the local community again as well as promote our sponsors, partnerships and other local community groups. All participants on the day had the opportunity to collect a goodie bag with giveaways from the Rec Centre and Sponsors.





Halloween Roller Disco

The Halloween Roller Disco sold out with over 480 tickets sold for the event. It was our first Roller Disco since 2019 and it was great to see so many people in the Centre getting into the spirit of things. The event had face painters, DJ, prizes and giveaways and more. We received a lot of good feedback and now are aiming to run two Roller Disco's every year going forward.





Christmas Pageant

Being our first Christmas pageant since 2019, it was great top see how many came out to represent Blackwood Recreation Centre. We had 7 staff, 20+ gymsport participants and a large amount of inline hockey players. We chose to not have a moving float this year and walk the pageant which gave us a chance to interact more with the audience and give lots of handouts to our different programs.





Gymsports

Blackwood Gymsports had a fantastic year in 2022 finishing out the year with 743 registered members up from 632 members in 2021. This year we had 112 Competitive athletes (48 Women's Artistic Gymnastics (WAG), 28 Men's Artistic Gymnastics (MAG), 36 Trampolining (TRP)), 488 Gym for All (GfA) athletes and 154 KinderGym Athletes which adds up to over 1200 visits each week.

This year we had a strong team of Blackwood Athletes represent SA at the National Championships and Border Challenge, most notably Tom Reuter taking out the National Champion on Pommel Horse, Trystan Haigh 3rd Overall and 3rd On High bar & Blackwood MAG Athletes contributing to 3rd Place in the team event. At Senior State Championships we had 10 State Champions, 12 Silver Medals and 14 Bronze medals bringing our medal/trophy count to 36. A stellar performance from our MAG, WAG and TRP Athletes! Our Trampoline team came 2nd Overall at State Championships with most notable performances from Charlie, Jade, Charlotte being state champions in their respective levels. Towards the end of the year our Junior State Championships was well attended with approximately 10-15 placings awarded over the weekend, including our MAG Level 3 and 4 teams being State Teams Challenge Champions, placing 1st and 2nd respectively.

KinderGym has progressed throughout the year adding 2 additional classes to the schedule. Our main KinderGym Leader Carol was nominated for KinderGym Leader of the year, along with our KinderGym program being nominated for Program of the Year. Our KinderGym Leaders spend countless hours outside of our programs working on planning or researching new ideas and are the root of our programs success. BabyGym and KinderGym classes were mostly full throughout each term and a credit to our fantastic and energetic KinderGym Leaders.

Throughout 2022, 3 of our senior coaches undertook their Advanced Silver coaching course and all passed, growing our club to now having 5 Advanced Silver coaches. 5 Coaches upskilled to Intermediate level along with 14 new WAG Beginner Judges. Our education sessions took a rest in 2022 but plans are underway to do bi-yearly inhouse education for our coaches and athletes.

Throughout the year there were numerous upgrades to the Gymsports Hall: Sprung Floor upgrades, new AirTrack, beam and vault table and further levelling of the floor area to make it a safer/more usable space for KinderGym.

2022 marked a first for Blackwood Gymsports where in December the Athletes Representative Council (ARC) in consultation with the Gymsports Coordinator held the inaugural Awards night. The night was a success with athletes, coaches and judges receiving recognition of their efforts throughout the year.

Due to the input and continued dedication from our team, Blackwood Gymsports was nominated for Club of the Year, Kim Spares Judge of the year and Tyson West Coach of the Year at the Gymnastics SA annual awards.



Coach Tyson (middle) and MAG Boys (Ryan, Kieran, Trystan & Tom) at Australian Gymnastics Championships



Award winner from the inaugural Blackwood Gymnastics Awards Night



Charlotte, Jade, Brodie & Charlie at State Championships

Fitness Studio

Throughout 2022, the fitness studio kept our sense of community and fun well and truly alive. Our members have continued diligently with their COVID cleaning protocols despite the easing of restrictions. The community orientated mindset and core values of caring for others drove this decision to ensure sickness wasn't spread throughout the gym. This worked with great success as we were able to avoid any outbreaks or closures, all thanks to the caring nature of our members.

Easing of restrictions meant many things for the Fitness Studio. From not having to book in for workouts to increased class numbers, these regained freedoms allowed for the opportunity to add some new classes. 2022 saw the introduction of two group fitness classes; Fitball Fundamentals and Move N' Groove. Fitball Fundamentals has quickly gained a popular following and reputation for being fun but challenging. The aim of Fitball Fundamentals is to demystify this challenging piece of equipment and develop member knowledge so they can be more confident on their own. Fitball use has already increased and it's so encouraging seeing members using their skills out of class. Move N' Groove was our second class added which took a spin on the previous dance-based class, Jungle Body. Move N' Groove is all about getting an aerobic workout through dance, something which is not offered in other classes. Move N' Groove aims to add some fun and flavour to our class repertoire and has been well received by our members.

We also had many local allied health professionals come and speak to our members. We want to offer a holistic approach to fitness and wellness, especially through supporting local business and practices. These information sessions help align the pieces of the wellness puzzle that are not offered through the Fitness Studio. We supported our members through sharing knowledge on preventable disease, nutrition and active aging. This is something we look to further include throughout 2023 and offer a wide variety of sessions on a multitude of topics.

A late inclusion of 2022 was 'The Blackwood Barbell'. The monthly newsletter includes information on centre happenings, fitness and wellness, information from sponsors, interactive aspects for the community and the 'blackwood book club' article. Uniquely, the 'blackwood book club' is the only article that is solely member driven. This column allows members to share book, film, TV, and theatre reviews and enables a greater sense of community. We encourage all members to submit their reviews and share their experiences with the wider community therefore creating connections outside of their usual classes.

Overall, the fitness studio continued to provide a positive and supportive environment to our members through out the changes in 2022 and we look forward to what 2023 will hold for the centre and our community.









Team Sports

In 2022 team sports operated like a steady ship, it was very smooth sailing. We ran 13 different competitions, all operating at around 85-90% capacity. Across all of our competitions we have around 158 teams with approximately 1160 participants playing each week.

We also introduced our new media wall which was purchased for our general advertising, and has been used as a backdrop for all our grand final presentation photos since September 2022. The media wall certainly makes the photos look more professional. The contrast without the media wall can be seen in the photos below.

We did a full launch of our team sport scheduling program, FiXi, improving the administration process as well as the accessibility for teams to schedules and results.

We are going to continue to grow our competitions, aiming to have all team sports at 95-100% each night.



Before Media Wall





With Media Wall



Sponsors

Gold Sponsors



Catherine Hutchesson MP Member for Waite



Complete Podiatry



Northway Plumbing



My Dentist Blackwood



MINDFUL BODY FITNESS & MASSAGE

Mindful Body Fitness & Massage



The Innovative Dietitian



Intersport Blackwood



Blackwood Flooring



Ring Partners

Silver Sponsors



Brendan Wyld Physiotherapy



Blackwood Optical



Waggon Wheels



Complete
Conveyancing SA



Cooinda Blinds & Curtains



Foto Swift



Blackwood Hire



Fire & Rescue Australia

Bronze Sponsors



2 Hoops Basketball



Juice Institute

We continue to be supported by many local businesses and their contribution to the centre is greatly appreciated.

Partners & Community Groups

- · City of Mitcham
- South Australian Parkour Association
- Mindful Body Fitness and Massage
- Reach Exercise Physiology
- Flinders University
- Australian Institute of Personal Trainers
- Hilltop Jiu Jitsu
- Karate Do Go No Kaze
- Skate SA
- Blackwood Gymsports
- Blackwood Blaze Inline Hockey
- Carer's SA
- Speed Skating SA
- Blackwood High School
- AH Trophies
- Gymnastics SA
- Lacrosse SA
- AUSactive
- The Science Collective
- Flinders Uni Volleyball Club
- Hills Homeschool Basketball