

# COME N TRY

We offer a once off Come n Try session for all our Gymnastics For All programs.

These are charged at:

## \$18

BOOKING ESSENTIAL



# WHAT ARE GYMSPORTS?

Gymnastics for all is a sport for everybody. You can develop amazing skills while getting strong and flexible in fun and challenging ways; it is a sport for life with something for all ages and abilities.

The basic skills of landing, rolling and being upside-down can be developed and enhanced to suit whatever kind of movement you love best: performing with your friends; trying a competitive Gymsport; keeping fit or taking it to a whole new freestyle level



## CONTACT US

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# GYM SPORTS TIMETABLE

Blackwood Recreation Centre



KinderGym ensures that children aged between 0-5 years can experience a wide range of movement activities and be encouraged to think, create, construct and solve problems with their own bodies. Parent participation required.

**CLASS TIMES:** - All classes 1 hour duration

**Kindergym 6 months - 3 yrs** 9:15am  
Tuesday/Thursday 10:30am  
Tuesday/Thursday

**Kindergym Plus 3-5 yrs** 11:45am  
Tuesday/Thursday

**Babygym (6mths - 24mths)** 9:30am  
Wednesday 10:45am

## FEES

Term Fees (based on a 10 session term) \$130  
GSA Registration (per child) \$35  
Club Levy (per child) \$8

Casual Visits\* \$18  
GSA Registration (per child) \$35

\*Casual Visits can only be booked on the day of class



Suited to children aged between 5-8 years. We focus on the fundamental movement patterns that will help kids to then progress into more advanced skills or activities. Gym Fun encourages kids to work with others, cooperate and build self-esteem.

**CLASS TIMES:** - All classes 1 hour duration

**Monday to Friday** 4:00pm

**Saturday** 8:15am  
10:30am

**Sunday** 9:00am

## FEES

Term Fees (based on 10 session term) \$160  
GSA **Annual** Registration (per child) \$55  
Club Levy (per child) \$20



Designed for children aged between 9-12 years old. Gymskills kids will improve their fitness but keeping fun in the mix is a priority. Children will have the opportunity to increase their confidence and competence in movement, preparing them for higher levels gymnastics.

**CLASS TIMES:** - All classes 1 hour duration

**Monday/Thursday/Friday** 4:00pm  
**Friday** 5:00pm

## FEES

Term Fees (based on 10 week term) \$160  
GSA **Annual** Registration (per child) \$55  
Club Levy (per child) \$20



## INSPIRE PROGRAM

Suitable from any age between 5-11, Our Inspire Program is the next stepping stone to develop your child's gymnastics skill sets.

## INSPIRE

**Level 1 - 1 Hour Class** 4:00pm  
Monday & Tuesday 9:15am  
Saturday

**Level 3 - 1.5 Hour Class** 5:00pm  
Friday

**Level 4 - 2 Hour Class** 11:15pm  
Saturday

## FEES

Term Fees (based on 10 week term)  
Level 1 \$180  
Level 3 \$263.50  
Level 4 \$315  
GSA **Annual** Registration (per child) \$55  
Club Levy (per child) \$20

## TRAMPOLINE FOUNDATION



**Mon/Wed/Thurs - 1.25 hour** 5:00pm

## FEES

Term Fees (based on 10 week term) \$200  
GSA **Annual** Registration (per child) \$85  
Club Levy (per child) \$20